

# Nominees for the 2013-2016 IFSHT EXECUTIVE COMMITTEE

## PRESIDENT



### **SARAH EWALD**

- from Switzerland
- Currently serves as President-Elect
- Automatically assumes Presidency in March 2013

## PRESIDENT-ELECT



### **ANNE WAJON**

- from Australia

#### **ORGANIZATIONAL/LEADERSHIP POSITIONS HELD**

- Chair, Silent Auction Committee, IFSHT Delhi 2013
- Chair, Scientific Committee, IFSHT SYDNEY 2007
- President, Australian Hand Therapy Association, 2004-2006
- Chair, Australian Steering Committee, Hand Therapy Certification Commission, 2002-2007
- Treasurer, Peninsula Orthopaedics and Dee Why Trust, 2006-2012

#### **INTERNATIONAL EXPERIENCE**

- Invited speaker, Irish Hand Therapy Association Conference, 2012
- Invited speaker, Spanish Hand Therapy Conference, 2011

- Reviewer, Physical Therapy Journal 2008-2011
- Coordinator, Hand Therapy Service, Massachusetts General Hospital, 1989-1991

#### **STATEMENT OF INTENT**

I am pleased to be nominated as President-elect of the International Federation for the Society of Hand Therapists. The responsibilities of global networking and promoting education in order to enhance the practice of hand therapy are tasks I look forward to undertaking.

Over the next decade, I believe improvements in the provision of hand therapy will be achieved through greater access to the Internet for both patients and clinicians. While attendance at IFSHT meetings will remain a major opportunity for learning and networking, the Internet will increasingly facilitate the exchange of knowledge between therapists internationally.

As President-elect, I will encourage all hand therapists to integrate research into their clinical practice and provide evidence-based treatments to enhance patient outcomes. A commitment to sharing knowledge, and participation in the triennial IFSHT conferences, will ensure the steady development of our societies of hand therapy throughout the world.

## **CURRICULUM VITAE**

I am a highly qualified and experienced hand therapist with a long-standing interest in trapeziometacarpal osteoarthritis. Over the last 25 years, I have been involved in research, maintained a clinical caseload and developed three private hand therapy practices in Sydney. Additionally, I have participated as an invited speaker at various international conferences, contributed to book chapters, and published widely in both Australian and international journals. I was President of the Australian Hand Therapy Association from 2004-2006, and chair of the scientific committee for the IFSHT conference in Sydney 2007.

### **EDUCATION & QUALIFICATIONS:**

- Doctor of Philosophy, University of Sydney, NSW Australia (2006)
- Master of Applied Science (Physiotherapy), University of Sydney, NSW Australia (1997)
- Certified Hand Therapist, USA (HTCC, 1991)
- Post-graduate Diploma Sports Physiotherapy, Curtin University Technology, WA Australia (1987)
- Bachelor of Applied Science (Physiotherapy), University of Sydney, NSW Australia (1984)

### **PROFESSIONAL EXPERIENCE:**

#### Committee appointments

Chair, Silent Auction Committee, IFSHT Delhi 2013

Chair, Scientific Committee, IFSHT Sydney 2007

President, Australian Hand Therapy Association (2004-2006)

Chair, Australian Steering Committee, Hand Therapy Certification Commission (2002-2007)

#### Academic appointments

Associate Supervisor, School of Physiotherapy, University of Sydney (2009-2012)

Reviewer, Physical Therapy Journal (2005-2011)

Lecturer in hand therapy for physiotherapy students, University of Sydney (2001-2012)

#### Employment

- Hand Therapy private practice owner and director, working closely with 10 hand and upper limb surgeons and employing up to 15 staff at any one time in the following practices in Sydney:
  - Macquarie Hand Therapy (2010-2012)
  - Pacific Hand Therapy (2005-2012)
  - Hand Therapy at Hornsby (1998-2011)
  - Independent Physiotherapy Consultant, WorkCover NSW (2002-2012)
- Coordinator, Hand Therapy Services, Massachusetts General Hospital, MA USA (1989-1991)
- Senior Physiotherapist, Sydney Hospital Hand Unit (1986-1989)

### **PROFESSIONAL MEMBERSHIPS:**

- Australian Physiotherapy Association (1986-2012)
- Australian Hand Therapy Association (1988-2012)
- Associate member, NSW Hand Surgery Association (1992-2012)

# SECRETARY-GENERAL



## URSULA WENDLING

- from Switzerland
- Currently serves as the 2010-2013 Secretary-General

### ORGANIZATIONAL/LEADERSHIP POSITIONS HELD

- Since 1994 member of the SGHR (Swiss Society of Hand Therapy)
- 1994-2003 member of the SGHR Scientific Committee
- 1998-2003 member of the SGHR Executive Committee

### INTERNATIONAL EXPERIENCE

- 2001 member of organizing and scientific committee of the 3-Countries (CH-D-F) Congress, Strasbourg/F
- 2004 member of organizing and scientific committee of the 3-Countries (CH-D-F) Congress, Basel/CH
- Since 2005 member of the EFSHT Scientific Committee
- 2006-2008 co-chair of the organizing committee of EFSHT/FESSH Congress-Eurohand 2008, Lausanne/CH
- Since 2010 member of the IFSHT Executive Committee (as Secretary-General)

### STATEMENT OF INTENT

I would like to apply for another term as Secretary General.

I believe that with the acquired knowledge from the last term I will contribute for a seamless continuation of the secretary work within the executive committee.

In case of a successful re-election to the office, I will continue to assume all the assigned tasks and will do my utmost to perform them to the best of my ability. I look forward to assuming once again this task and to working together with Sarah Ewald the 2013-2016 President and the new Executive Committee.

My experience gained by working within the IFSHT Executive Committee during the last term, has provided me with the necessary expertise for the by-law responsibilities and special tasks. I have available both the required technical skills to act as Secretary General and financial means to attend meetings abroad.

My knowledge of German, Italian (mother languages), French (daily working language) and Spanish (spoken with basic written knowledge) should help me to improve contact and access to the IFSHT among those countries, where English is less familiar.

I am still very open to new tasks and, I'm anytime prepared to support current projects and work on new ideas and plans.

### CURRICULUM VITAE

#### Education:

MSc in Biology, Basel University  
Scientific Research, Dep. of Biology, Zürich University  
BSc PT University of Applied Sciences Nordwest-Schweiz  
Certified HT SGHR

#### General clinical:

Dep. of Surgery, Basel University Hospital and in a Orthopaedic Clinic experience: in Basel

#### Clinical experience in Hand Therapy:

since 1988 my own Clinic for Hand and Upper Limb Rehabilitation  
since 1983 work with Hand and Upper Limb injuries  
continuing education in the area of Hand Therapy in Switzerland and abroad

#### Assignments:

- since 1994 member of the SGHR (Swiss Hand Therapy Society)
- 1994-2003 member of the SGHR Certification Committee
- 1998-2003 member of the SGHR Executive Committee
- 2001 member of the organising and scientific committee

- [3-countries(CH-D-F)-congress, Strasbourg/F]
  - 2004 member of the organising and scientific committee [3-countries(CH-D-F)-congress, Basel/CH]
  - since 2005 member of the EFSHT Scientific Committee
  - 2006-2008 co-chair of the organising committee of the EFSHT/FESSH EUROHAND 2008, Lausanne (CH)
  - since 2010 member of the IFSHT Executive Committee (as secretary general)
  - in national and international meetings and congresses
  - national continuing education courses on general Hand Therapy topics
  - Expert for Bachelor theses (in Hand Therapy) at the University of Applied Sciences, Lausanne
- Guest lectures:
- in national and international meetings and congresses
  - national continuing education courses on general Hand Therapy topics
  - Expert for Bachelor theses (in Hand Therapy) at the University of Applied Sciences, Lausanne
- Languages:
- German and Italian (mother languages)
  - French (actual daily language)
  - English
  - Spanish (basic knowledge)

## TREASURER



### PEGGY BOINEAU

- from USA

#### ORGANIZATIONAL/LEADERSHIP POSITIONS HELD

- President, American Society of Hand Therapists (ASHT), 2010
- Immediate Past President, ASHT, 2011
- President Elect, ASHT, 2009
- Vice President, ASHT, 2008
- Education Division Director, ASHT, 2007
- President, Texas Chapter of ASHT, 2003-2006
- Vice President, Texas Chapter of ASHT, 2002

#### INTERNATIONAL EXPERIENCE

- Occupational Therapist Delegate for International Red Cross & Red Crescent Societies, Armenia, 1990
- Graduate Research, Taiwan, 1983
- Summer student outreach program, Grenada, West Indies, 1984
- Undergraduate semester abroad, 1980, Italy

#### STATEMENT OF INTENT

Please accept my statement of intent to serve as Treasurer of IFSHT. I have reviewed the job description and have corresponded with Judy Colditz and Heidi Miettinen regarding the specific commitment and skill set required for the IFSHT Treasurer. I meet the qualifications set forth in the job description. I have experience working with budgets in my business and in volunteer roles including the American Society of Hand Therapists and the Texas Chapter of the American Society of Hand Therapists. Specific to IFSHT, I was very involved with the development, review and refinement of ASHT's budget for the 2010 Triennial Congress of IFSHT in Orlando.

I have a passion for promotion of the specialty of hand therapy and would be honored if you would support me in my nomination to the position of Treasurer of IFSHT.

#### CURRICULUM VITAE

Peggy Boineau graduated with a Bachelor of Arts in Psychology from the University of Dallas in 1982. She earned a Master of Occupational Therapy degree from Texas Woman's University in 1986. She began her

occupational therapy career at Parkland Memorial Hospital, a large publically funded hospital and trauma center in Dallas, Texas. She became Assistant Chief of the Occupational Therapy Department at Parkland while working on the inpatient rehabilitation team of OT's. In 1990, Peggy accepted an appointment to be an American Delegate to the International Red Cross and Red Crescent Societies, and she worked in this capacity in Armenia to help develop a spinal cord rehab program in the aftermath of the 1989 earthquake.

After 6 months in Armenia, Peggy returned to the United States and began working as a hand therapist. She passed the CHT exam and has worked as a hand therapist since 1991 in St. Louis and in the Houston area. She currently works for the Methodist Health System in Houston, as the Senior OT for a large hospital based outpatient clinic, treating clients with upper extremity injuries.

Peggy has enjoyed many years of volunteering with the American Society of Hand Therapists (ASHT), including serving in the capacity of President of the ASHT in 2010. Peggy has lectured at Regional and National meetings and enjoys mentoring therapists in the specialty of Hand Therapy.

Peggy has been married to her husband, Ed, for more than 25 years, and she and Ed have two children, Nicole and Matthew. Peggy enjoys spending time with her family, and her hobbies and interests include travel, running, and cooking.

## HISTORIAN



### NICOLA GOLDSMITH

- from UK

#### ORGANIZATIONAL/LEADERSHIP POSITIONS HELD

- NES Hand Therapy Training - Partner - 1999 - present
- Upper Limb Services Manager, BMI Healthcare - 2010 - present
- College of OTs, UK, Consultancy Service
- Review of Hand Unit for London NHS Trust, 2009
- Clinical supervision for above NHS Trust 2009 - present
- Clinical supervision for another NHS Trust 2012 - present
- Hand Unit Manager, HCA Healthcare 1995 - 2009
- Education Sub-committee, BAHT - Member then Chairman, 1995 -

2004

- Member and Chair of various committees within Synagogues from 1988 - 2006

#### ORGANIZATIONAL/LEADERSHIP POSITIONS HELD

- Some lecturing abroad but no committee or work experience internationally

#### STATEMENT OF INTENT

I am honoured that I am being considered for the post of Historian for the IFSHT. Hand Therapy is one of the passions in my life having started work in this field in 1991. I was lucky to find myself working in one of the regional burns and plastics units early on in my occupational therapy career and loved hand therapy the moment I started. So much so, that two of my colleagues and I started a hand therapy teaching company to provide quality training in our specialty both in the UK and abroad. The three of us are still running this business and last year saw us give our 100th course!

In 1995 I had the opportunity to develop the first private hospital based private practice in London which gave me the opportunity to fly the flag for our profession and promote it to develop a thriving business. At the same time, I became involved in the British Association of Hand Therapists as member and then chairman of the Education Sub-Committee. I am now the lead hand therapist for the largest group of private hospitals in the UK where I am setting up the hand and wrist services with clinical and organisational leadership. This does involve quite a lot of travel around the UK improving my national geography as I go.

I am dedicated to working for IFSHT to promote hand therapy around the world and continue the amaz-

ing work of my predecessors on the committee. With the IT skills I have learned from managing the website for my training company and the leadership skills I have learned from my various employments and roles in BAHT I am confident I can fulfil this role. To have photography as one of the specifications is a delight to me. Photography (admittedly of wildlife and landscape!) is a huge hobby for me so I will now learn to turn my hand to people and places.

Thank you for considering me for this post. I look forward to working for IFSHT and its member countries.

## **CURRICULUM VITAE**

### **Employment**

#### **BMI Healthcare, UK**

Upper Limb Services Manager, January 2010 – present

- Developing upper limb specialist services for network of private hospitals across the UK. 24 units in situ by mid 2012 with more coming on stream
- Recruitment and retention of consultants for BMI within the hand and wrist specialty
- Developing the infrastructure for a standardised product around the network of hospitals. Managerial skills further developed from below.

#### **HCA International, The Wellington Hospital**

Manager, London Hand and Wrist Unit, June 1995 – December 2009

- Started the first multidisciplinary private hand unit in London developing business to a peak of nineteen surgeons and nine therapists over four sites across London. Expansion included inception of the Wellington Shoulder Unit and the Wellington Peripheral Nerve Unit
- Managerial skills in recruitment, development of staff, financial planning and management, development of policies and procedures, marketing and business growth
- Clinical skills increased as the department embraced a broadening caseload including trauma, complex wrists, congenital hands, brachial plexus injuries, work related upper limb disorders and chronic pain syndromes

#### **NES Hand Therapy Training**

Partner, August 2000 – present

- Teaching team of two specialist occupational therapists (O.T.s) and one specialist physiotherapist (P.T.)
- Undergraduate and post graduate teaching in hand therapy skills and knowledge
- Validated BAHT and non-validated courses taught in UK and abroad

#### **College of Occupational Therapists, Consultancy Service**

- Specialist Supervision of Senior Hand Therapist UCLH, September 2009 – present and same for CLCH June 2012 - present
- Clinical Specialist Analysis of London NHS Hand Therapy Service, January – April 2009 Analysis of clinical supervision and inter-professional relationships, education and training, evaluation of clinical audit, clinical practice and consultant surgeon role and support. Production of development plan and presentation to NHS Trust Managers and hand unit team

#### **Mount Vernon Hospital, Northwood, Middlesex**

- Senior Occupational Therapist / Hand Therapist, July 1991 – June 1995

#### **Royal Hospital and Home, Putney, London**

- Basic Grade Occupational Therapist, August 1989 – July 1991

#### **Academic History**

1993 – 1995

MSc Research Methods for Remedial Therapists  
Kings College, London, Awarded MSc with Distinction

1986 – 1989

Diploma in Occupational Therapy  
London School of Occupational Therapy

## Teaching

- Preparation and teaching three day validated courses and single day courses repeated around the UK and Ireland: BAHT Level I “Introduction to Hand Therapy” and BAHT Level II Courses in Trauma, Rheumatoid Arthritis, Splinting, The Wrist, Hand Assessment, Acquired Conditions, The PIPJ, Fractures
- Single day courses in the above plus peripheral nerve injuries, differential diagnosis, the thumb, complications, clinical reasoning in rheumatology, splinting

## Various Papers and Presentations

## IMMEDIATE PAST-PRESIDENT



### LYNNE FEEHAN

- from Canada
- Currently serves as President
- Automatically assumes Immediate Past-Presidency in March 2013